



(CMIO)

WHAT IS THE MUNICIPAL CENTRE FOR WOMEN-CMIO?

The Municipal Centre for Women is a place where women from the city of Valencia can receive information, guidance and advice on their rights and on the services and resources available to ensure their full participation in society.

WHAT SERVICES ARE PROVIDED?

1. INFORMATION AND GUIDANCE

1.1.- Information on:

- Gender-based violence
- Work / Training
- Health
- Associations
- Culture and education
- Leisure and spare Time

1.2.- Guidance on:

- Social affairs
- Legal affairs
- Psychological problems
- Work-related issues

2. RESOURCE CENTRE

Information on:

- Specific resources for women.
- Public and social services.
- Specific legislation.
- Research and studies on: gender equality, violence, etc.
- Conferences, symposiums and training courses.

3. SERVICES FOR WOMEN'S ASSOCIATIONS

Information and advice on:

- The procedures required to set up and run women's associations.
- The coordination of activities carried out by women's associations.
- Access to public premises where activities can be held.
- Internet access to perform queries, etc.

HOW ARE SERVICES PROVIDED?

1. Personalised attention given by experts.
2. Confidentiality guaranteed.
3. Advice provided on a wide range of issues.
4. Premises accessible to people with disabilities.
5. Flexible timetable.

HOW CAN THE SERVICES BE ACCESSED?

- By direct visit to the centre.
- By telephoning the centre during opening hours. Outside the centre's opening hours, a message and telephone number can be left on the answering machine and we will contact you on the next working day.
- By email or post.
- By fax.

WHO IS THE CENTRE INTENDED FOR?

It is intended for women from the city of Valencia, professionals and women's associations.

OPENING HOURS

Monday to Thursday from 9am to 2pm and 4pm to 7pm

Fridays from 12pm to 3pm

Prior appointment recommended.

In July, August and September, the centre is only open in the mornings.

<h2>CONTACT DETAILS</h2>

Municipal Information and Guidance Centre for Women (CMI♀)

c/ Gobernador Viejo, 14. C.P 46003

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